



~ 6-16-15

## Your Toothbrush

Here is an interesting article by the ADA that addresses something we may not always consider.

How clean is your toothbrush?!

Keeping good mouth health is essential to the health of your whole body. Here is some information about how to care for your toothbrush ~ because after all, that's what is cleaning your teeth!

<http://www.mouthhealthy.org/en/az-topics/t/toothbrushes>

### **Gateway Dental Care**

*(in the Gateway Plaza at Pontiac Trail & Eleven Mile Road)*

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Wednesday 8:00am-5:00pm  
Thursday 8:00am-5:00pm  
Friday 8:00am-2:00pm (every other)  
Saturday 8:00am-2:00pm (every other)

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